

WELLNESS ON THE NAZE 10TH AUGUST 2024, 10AM-4PM COLUMBINE CENTRE, WALTON

WORKSHOP TASTERS • YOGA • TALKS SOUND JOURNEYS • GONGS • PILATES TAROT READERS • TREATMENTS • STALLS THERAPISTS • CRAFT STALLS EXPERIENCED HOLISTIC PRACTIONERS FOOD & DRINK • RAFFLE

ENTRY £2 / UNDER 16 FREE PROCEEDS GO TO WOMENS AID



@Wellnesson_the_naze



