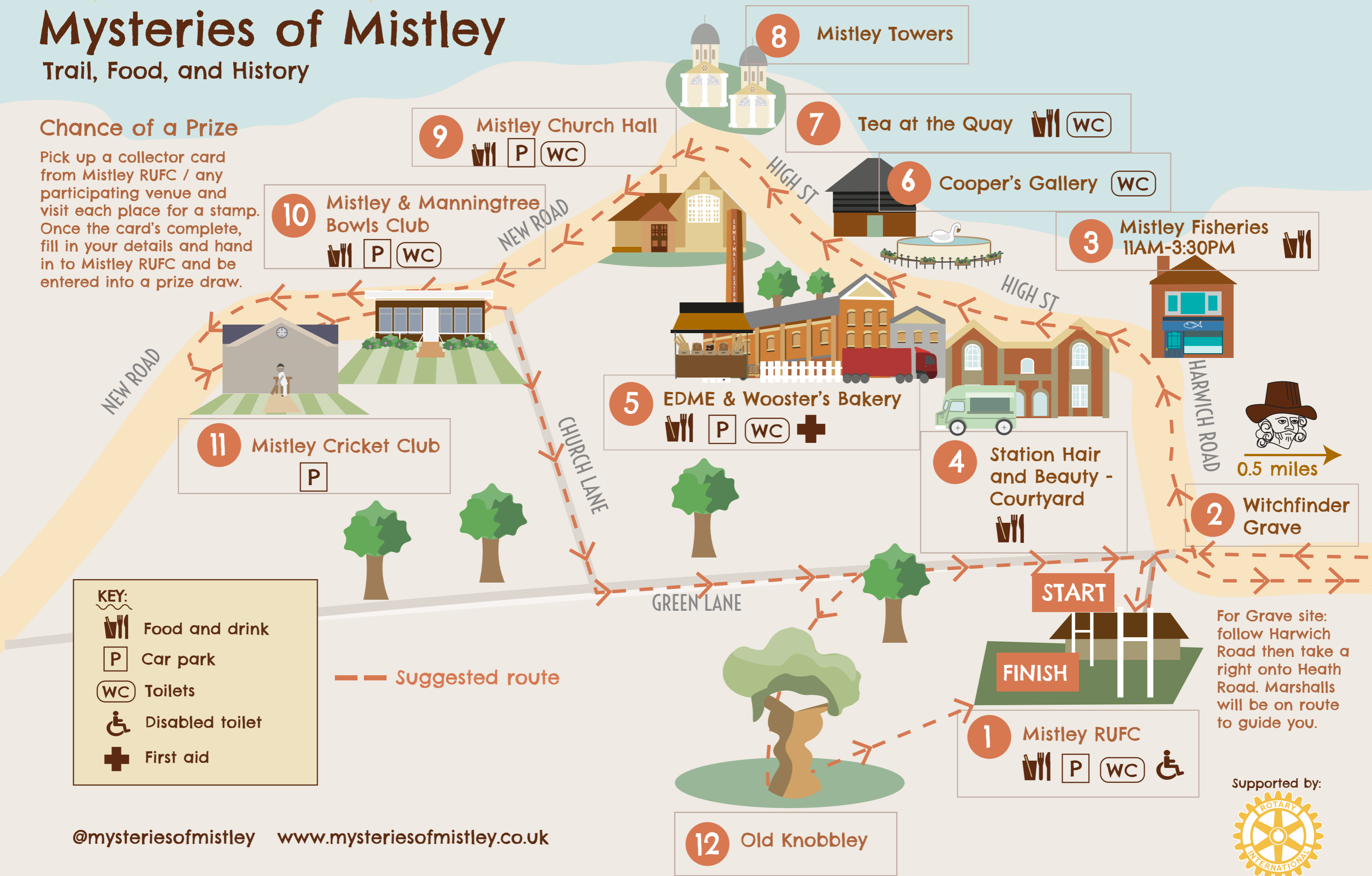


Mysteries of Mistley

Trail, Food, and History

Chance of a Prize

Pick up a collector card from Mistley RUFC / any participating venue and visit each place for a stamp. Once the card's complete, fill in your details and hand in to Mistley RUFC and be entered into a prize draw.



What's on at each stop



COOPER'S GALLERY

Explore high quality work from local artists and designers: James Dodds books and cards, Penny Bhadresa and Daphne Sandham. Paintings by Kit Leese and Michael Checketts, members of Suffolk Craft Society, ceramics, printed textiles, painted wood, wildlife sculptures, pewter and paper jewellery. Books on the coastal area and its boats by Robert Simper, Peter Caton books on local walks. There are a wide range of prices.

The gallery will be open all day with a display of historical photographs and recent events in the Showroom as you enter the building.



EDME & WOOSTER'S BAKERY

Find out more about the natural, nutritious ingredients made on site and the story behind EDME's 140 year old history.

Grab a photo by an iconic EDME lorry.

Hear about the journey from field to fork and the malting process. Find out what the delicious smells that fill the village really are.

Sample some of EDME's ingredients baked into amazing malt loaves, breads, buns, and cookies by Wooster's Bakery.



MISTLEY CHURCH HALL

Learn about the history of the Hall (historically known as Mistley Institute) which was built in 1911. Take a look at Arts and Crafts. Enjoy some light refreshments, (drinks and cake). Toilets and Parking (for the Hall and Mistley Towers) also available.



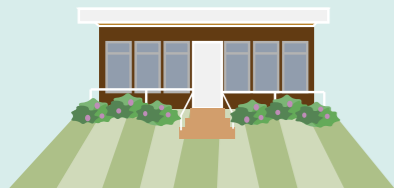
MISTLEY CRICKET CLUB

Soak in the sport that's been in Mistley for over 200 years. Matches will be taking place at midday (weather permitting). Enjoy a drink from the bar, open from 1pm.



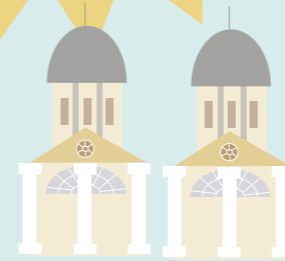
MISTLEY FISHERIES

Visit the family-run business which is open from 11am - 3:30pm. Enjoy traditional fish and chips. Vegetarian options also available.



MISTLEY & MANNINGTREE BOWLS CLUB

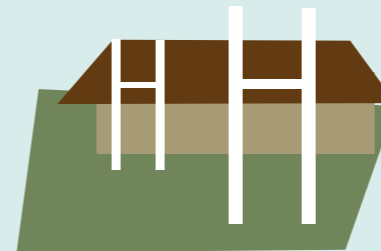
Have a go at testing your skillset at the bowls games station. Look through old photo albums and discover the history of the Club. Grab a bacon roll and wash it down with tea or coffee which is being served throughout the day.



MISTLEY TOWERS

Learn about the history of this iconic landmark. A rare chance to go inside the Towers.

Discover what they were for, find out who built them, why there is a gap in the middle and why the architecture is of national importance.



MISTLEY RUFC

The perfect start and finish spot. Indulge in a bacon sandwich and grab a drink from the bar (open from 11am) to fuel for the trail / celebrate your trail achievements. Join in the activities taking place at the club too.

Don't forget to hand in your completed collector card here to be entered into the prize draw.



OLD KNOBBLEY

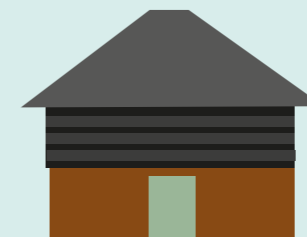
It wouldn't be Mistley without this magnificent 800 year old oak tree. Its roots are firmly planted in history. Head to the bonus spot on the trail, get your cameras at the ready and take a selfie with the famous English oak.



STATION HAIR AND BEAUTY

Relax in the garden to chilled ibiza-style music. Order food and drink from Heidi the van. Browse for a new plant at Bleaf plants. Take a creative rest during or after the walk by purchasing a pebble painting kit from the van. Simply paint your pebble with your favourite garden creature and hand it back to Sian. The best pebble will win a prize and all of the pebbles will be on display in the garden!

Please note that the salon will still be operating on the day. No under 11s or dogs allowed in the salon, but all are welcome in the garden.



TEA AT THE QUAY

Head to the perfect pit stop on your journey to discovering more about magical Mistley. Adults can enjoy a delicious cup of Mistley Quay Coffee (Tea at the Quay's very own blend), whilst the children enjoy some amazing cake as they complete the Mysteries of Tea At The Quay word-search. As you'll see the building is steeped in history and the cafe are excited to help you find out more about it.



WITCHFINDER GRAVE

St Mary's Church was once the centre of Mistley and where Matthew Hopkins went regularly to services, led by the Rev Thomas Witham. How did he end up living here at the parsonage and being buried in the church yard after leading the notorious Witch-hunts of 1645?